

PREHABILITATION WORLD CONFERENCE



CALL FOR ABSTRACTS
DEADLINE:
MAY 1, 2018

'MAKING PATIENTS FIT FOR SURGERY'



JUNE 27-29, 2018

**VAN DER VALK HOTEL
EINDHOVEN, THE NETHERLANDS**

FOR MORE INFORMATION: WWW.PREHAB2018.NL

INTRODUCTION

We gladly invite you to the 2nd "Prehabilitation World Conference", June 27th - 29th 2018 in Eindhoven the Netherlands.

"Prehabilitation", "Fit 4 Surgery", "Fit 2 Fight", "Better in – better out" are all expressions of an identical revolutionary thought: Optimizing the patient's condition before surgery.

We have organized a highly innovative program on perioperative care. Our international faculty members are the leading experts in the world on prehabilitation. We will provide you with the latest facts on physical training, nutrition, mental support and all other factors that will help you preparing your patients for major interventions.

The central theme of our conference will be "the multimodal approach". We will inform you on initiatives in various fields: e.g. colorectal, liver, aneurysm and urological surgery. All patients undergoing surgery should benefit. The program involves all professionals who contribute to this team effort: surgeons, physicians, anesthesiologists, physical therapists, thoracic and vascular surgeons, dieticians, sport physicians, nurses, urologists, orthopedic surgeons, scientists and management. You are all more than welcome.

"Making patients fit for surgery" sounds logical but it is a complex multidisciplinary effort. Workshops and plenary sessions are organized to provide the tools you need to implement a prehabilitation program at your own hospital. We encourage you to bring your own team of doctors, paramedics and nurses. Prehabilitation is a patient-centered approach, to optimize patient outcomes such as complications, recovery and quality of life. Together we can create a revolution in perioperative care.

In the program there is ample space for you to present your own initiatives and research in prehabilitation and perioperative care. We encourage you to send your abstract to the scientific committee before the 4th of April. There will be prizes for best abstract presentations and best posters.

The city of Eindhoven has a lot to offer, both culturally and socially. It has been voted the most inventive city of the world for consecutive years. Even more convincingly: in June the climate is nice and the sun stays up until 10:30 pm.

We hope to welcome you in Eindhoven!!

On behalf of the Conference Committee,
Gerrit D. Slooter

CONFERENCE COMMITTEE

Gerrit Slooter, MD PhD, Oncological Surgeon at Máxima Medical Center, The Netherlands
Prof. Francesco Carli, MD PhD, Professor of Anesthesiology at McGill University, Canada
Baukje van den Heuvel, MD PhD, Colorectal Surgeon at Radboud UMC, The Netherlands
Prof. Gerry Danjoux, MD PhD, Consultant Anaesthetist, South Tees Hospitals, UK
Stefan van Rooijen, MD, Physician/Researcher at Máxima Medical Center, The Netherlands
Nicole Papen-Botterhuis, PhD, Coordinator Research at Máxima Medical Center, The Netherlands

FACULTY

Hans de Boer, MD, PhD	Anesthesiologist, Martini General Hospital Groningen, The Netherlands
Bart Bongers, PhD	Ass. Professor Medical Physiologist, University of Maastricht, The Netherlands
Katinka van Boxtel-Randewijk, MSc	Maxima Medical Center, The Netherlands
Emma Bruns	PhD Candidate, AMC, The Netherlands
Francesco Carli, MD, PhD	Anesthesiologist, McGill University, Canada
Gerry Danjoux, MD, PhD	Consultant Anaesthetist, South Tees Hospitals NHS Hospital, United Kingdom
Chelsea Gillis, MSc	PhD Candidate, University of Calgary, Canada
Mike Grocott, MD, PhD	Professor in Anesthesia and Critical Care Medicine, Member Fit4Surgery Consortium, Founding Director of the National Institute of Academic Anaesthesia (NIAA), Southampton University Hospital, United Kingdom
Baukje van den Heuvel, MD, PhD	Surgical Oncologist, Radboudumc, The Netherlands
Sandy Jack, MD, PhD	Senior Researcher, Southampton University Hospital, United Kingdom
Ellen Kampman, PhD	Professor Nutrition & Oncology, Wageningen University & Research, The Netherlands
Wanda de Kanter, MD, PhD	Pulmonologist, Netherlands Cancer Institute, The Netherlands
Olle Ljungqvist	Surgeon, Örebro University Hospital & Karolinska Institutet, Sweden
Luc van Loon, PhD	Extraordinary Professor of Exercise Physiology and Nutrition, Maastricht University Medical Center, The Netherlands
Graciella Martinez-Palli, MD, PhD	Anesthesiologist/Senior Researcher, Hospital Clinic Barcelona, Spain
Nico van Meeteren, PhD	Professor Physiotherapy, Maastricht University Medical Center, The Netherlands
Barbara van Munster	Geriatrician, Gelre Hospitals, The Netherlands
Susanne Oksbjerg	PhD - Senior Researcher, Danish Cancer Society Research Center, Denmark
Stefan van Rooijen, MD	PhD Candidate Surgery, Máxima Medical Center, The Netherlands
Celena Scheede-Bergdahl, PhD	Senior Researcher/Exercise Physiologist, McGill Hospital, Canada
Goof Schep, MD, PhD	Sports Physician, Máxima Medical Center, The Netherlands
Michael Segalla, Prof, PhD	HEC Paris School of Management and Hangzhou Dianzi University, China
Julie Silver, MD	Associate Professor of Physical Medicine and Rehabilitation, Harvard Medical School; Massachusetts General, Brigham & Womens and Spaulding Rehabilitation Hospitals, USA
Gerrit Slooter, MD, PhD	Surgical Oncologist, Maxima Medical Center, The Netherlands
Gwen Thomas	PhD Candidate Surgery, Máxima Medical Center, The Netherlands

Organizing parties



PROGRAM PREHABILITATION WORLD CONFERENCE

Visit www.PREHAB2018.nl for the latest version of the congress program.

WEDNESDAY JUNE 27, 2018

15:30 Welcome and registration

16:00 Opening and Surprise Keynote lecture

16:30-17:30 Session 1: Perioperative care

Chairs: Gerry Danjoux and Baukje van den Heuvel

16:30 ERAS, past, present and future from the surgical perspective
Olle Ljungqvist

17:00 Anesthesiological perspectives of ERAS
Hans de Boer

17:30 Break

18:00-19:30 Session 2

Chairs: Celina Scheede and Stefan van Rooijen

18:00 Prediction of surgical outcomes
Mike Grocott

18:20 Prehab, rehab and continuum of care
Julie Silver

18:40 Keynote lecture: Prehabilitation: the revolution

Francesco Carli

19:30 Welcome reception

THURSDAY JUNE 28, 2018

09:00-10:30 Session 3: Elements of prehabilitation I

Chairs: Sandy Jack and Gwen Thomas

09:00 Physical therapy and Prehabilitation
Nico van Meeteren

09:20 Sports medicine and high intensity training
Goof Schep

09:40 Training and the link to nutrition
Celena Scheede-Bergdahl

10:00 Scientific abstract

10:10 Scientific abstract

10:30 Coffee break

11:00-12:30 Session 4: Elements of prehabilitation II

Chairs: Hans de Boer and Julie Silver

11:00 All you need to know about protein supplementation
Luc van Loon

11:15 Nutritional aspects of prehabilitation
Chelsia Gillis

11:30 Psychology and patient empowerment
Susanne Oksbjerg

11:45 Geriatrics and medication sanitation
Barbara van Munster

12:00 Keynote lecture: The world should stop smoking: fighting the tobacco criminals

Wanda de Kanter & Pauline Dekker

12:30 Lunch and poster presentations

13:30-15:00 Session 5: Multimodel prehabilitation

Chairs: Olle Ljungqvist and Bart Bongers

13:30 Definitions in prehabilitation

Celena Scheede-Bergdahl & Gwen Thomas

13:50 Multimodal prehabilitation in Colorectal Surgery
Stefan van Rooijen

14:10 Overview of prehabilitation initiatives around the world
Emma Bruns

14:30 Keynote lecture: The Barcelona experience

Graciella Martinez-Palli

15:00 Coffee break

15:30-17:00 Session 6: Prehabilitation in different surgical fields

Chairs: Mike Grocott and Gerrit Slooter

15:30 Prehabilitation in urology
Scientific Abstract

15:40 Prehabilitation in HPB surgery
Scientific Abstract

15:50 Prehabilitation in orthopedic surgery
Scientific Abstract

16:00 Prehabilitation in breast surgery
Scientific Abstract

16:10 Prehabilitation in thoracic surgery
Scientific Abstract

16:20 Prehabilitation initiatives
Scientific Abstract

16:30 Keynote lecture: Prehabilitation in aneurysm surgery

Gerry Danjoux

19:00 Informal congress dinner (no dress code)

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FRIDAY JUNE 29, 2018

08:00-08:30 Workshop round 1

For more information, please check the congress website.

08:45-09:15 Workshop round 2

09:30-11:00 Session 7: Outcomes

Chairs: Graciella Martinez and Goof Schep

09:30 Outcomes of functional recovery: 6MWT the gold standard?

Bart Bongers

09:45 Surgical and patient related outcomes

Baukje van den Heuvel

10:00 Tools and wearables

Michael Segalla

10:15 Community based exercise training

Sandy Jack

10:35 Nutrition and lifestyle in cancer survivors

Ellen Kampman

11:00 Coffee break

11:30-13:00 Session 8: How to start your prehabilitation program

Chairs: Chelsia Gillis and Nico van Meeteren

11:30 ERAS 3.0

Gerrit Slooter

11:50 Starting your prehabilitation program

Francesco Carli, Stefan van Rooijen & Enrico Minnella

12:20 Prehabilitation: the business case

Katinka van Bortel-Randewijk

12:40 The patients perspective and patient empowerment

Patient interview

13:00 Lunch and poster presentations

14:00-16:00 Session 9: Award winning session

Chairs: Baukje van den Heuvel and Gerrit Slooter

14:00 Best scientific abstract selection

14:10 Best scientific abstract selection

14:20 Best scientific abstract selection

14:30 Presentation of best poster

14:40 The future of perioperative care, dare to dream

Expert Panel: Francesco Carli, Gerry Danjoux, Julie Silver, Mike Grocott,

Stefan van Rooijen

15:40 Award ceremony and take home messages

Gerrit Slooter

16:00 One for the road

CALL FOR ABSTRACTS

The organizing committee invites you to actively contribute to the conference.

We want to create a scientific platform for all initiatives in the field of prehabilitation and perioperative care.

In the plenary program we leave ample space for oral presentations selected from scientific abstracts. We want to give you space to present your research in prehabilitation and perioperative care in various fields of surgery. Posters will be presented throughout the conference with focused attention during lunch poster sessions.

Therefore we invite doctors, nurses, paramedics and young researchers to submit abstracts for presentation. Submissions are sought for oral and poster presentations. Abstracts must be submitted in English. Please note the deadline for abstract submission is May 1, 2018 midnight. All abstracts will be reviewed anonymously. For detailed information check the website: www.PREHAB2018.nl

Please submit your abstracts in the following categories:

- Prehabilitation in practice: clinical trials
- Nutrition
- Training
- CPET
- Outcomes
- Mental support
- Smoking Cessation
- Patient selection
- Compliance/adherence to Prehabilitation Program
- Implementation of Prehabilitation
- Tools & Wearables

Throughout the program there will be oral presentations. Three scientific abstracts will be selected for the award winning session on Friday 29th. There also will be a prize for best poster. The winner of the poster prize will be asked to give a short oral presentation in the same session.

Prehabilitation could be the revolution in perioperative care and we are at a start of world wide implementation. **The International Prehabilitation Society** is initiated to create a community in which we can keep each other up to date on new initiatives and publications. Main goal of the Society is to make prehabilitation available for all hospitals in the world. Therefore we want to share information and circulate protocols on how to set up programs. We want to involve doctors, nurses, paramedics, researchers and managers but we actually ask anyone interested in prehabilitation to join the Society. We plan to provide you with:

- Three-monthly newsletters
- Update on conferences on prehabilitation and perioperative care
- Best practices
- Expert opinions
- Possibilities to join research projects
- Reduced fee for coming events (e.g. next years' World Conference)

If you consider joining the 2018 conference in Eindhoven June 27th – 29th you can sign up for the society through the registration module. For your registration we charge € 30. However you will instantly get a € 30 reduction on the registration fee. If you cannot come to Eindhoven you can still use the conference registration module to join the Society. During the Conference we will share our ideas and ask you for your suggestions. You can already leave suggestions for the Society or content for the first newsletter (prehabilitation@mmc.nl).

Gerrit Slooter
Gerry Danjoux

Francesco Carli
Baukje van den Heuvel



The Dutch day will precede the international program. It is not a part of the international conference. Invited are representatives of the Dutch Ministry of Health, insurance companies, social partners, hospital managers and colleagues from 10 different medical and paramedical professions. An overview will be given of the possibilities for the large-scale implementation of prehabilitation and improvements to perioperative care in the Netherlands. The establishment of a consortium has the potential to unleash a revolution in patient care. We expect to welcome approximately 300 Dutch participants. Conference language of this preceding program will be Dutch. The program runs from 10 am to 15 pm on the 27th of June and is, again, not part of the Prehabilitation World conference.

For the complete program, please check: www.PREHAB2018.nl



GENERAL INFORMATION

Accreditation

Accreditation is applied for at UEMS.

Congress language

The congress language is English.

Target audience

Healthcare professionals including surgeons, anesthesiologists, researchers, oncologists, nurses, dietitians, geriatricians, physiotherapists gastroenterologists, sports physicians, health insurers, healthcare innovators and all others interested in prehabilitation.

Registration

Registrations can be submitted through the website www.PREHAB2018.nl

	before 4-4-2018	From 4-4-2018	On site
Physicians/ Medical doctor	€ 495	€ 545	€ 595
Non-physicians	€ 395	€ 445	€ 495
PhD/MSc-students*	€ 395	€ 445	€ 495
One day participation	€ 295	€ 345	€ 395

Participation Dutch Day only € 150 € 175 € 195

Informal congress dinner € 50 € 50 € 50**

* PhD/MSc-students have to provide a written certification by the head of department

** Only if available

The registration fee includes:

- Membership of the International Prehabilitation Society;
- Access to all sessions;
- Access to the exhibition area;
- All coffee-breaks and lunches
- Certificate of attendance
- Welcome reception

Registration is limited to 500 Persons.

Hotel accommodation

In the online registration process you can immediately book a guest room at Van der Valk Hotel Eindhoven.

Single room	€ 110
Double room	€ 126

Cancellations

All cancellations must be sent to the conference secretariat by e-mail. Cancellations made before 1 May 2018 will be refunded minus € 50 administration costs. After this date no refunds will be given.

Venue

Van der Valk Hotel Eindhoven
Aalsterweg 322, 5644 RL Eindhoven
www.hoteleindhoven.nl

For directions, please visit the hotel website:
<https://www.hoteleindhoven.nl/en/contact>

Van der Valk Hotel is een excellent congress venue with al lot of facilities. You will find all kinds of ways to stay in shape.

- Fitness area
- Indoor pool
- Personal Training

Or you can rent a bike and explore the surroundings of the hotel.

Transportation

Eindhoven has its own airport, but can also be easily reached (by public transport) from Amsterdam Schiphol airport, Düsseldorf airport or Brussels airport.



Congress secretariat



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